

AAGBI Mentoring Development Programme

This practical 4-day programme focuses on developing mentoring skills which can be used in a range of leadership & clinical situations for example with trainees, staff, colleagues and patients.

Day One: Wednesday, February 7th 2018

Venue: 21 Portland Place, London

- 09.30 *Coffee & Registration*
- 10.00 Welcome, Programme Objectives, Introductions
- 10.20 What is Mentoring?
Overview of the Egan Skilled Helper model
- 11.00 *Coffee*
- 11.15 Stage 1 Telling the Story & Developing New Perspectives
- 11.45 Setting up Skills Practice
- 12.00 Skills practice 1 & 2
- 13.00 *Lunch*
- 13.45 Skills practice 3
- 14.15 Learning Review
- 14.30 Stage 1 New Perspectives and Searching for Value
- 14.45 Skills Practice 1, 2, 3
- 15.45 *Tea*
- 16.00 Learning Review and Learning log
- 16.15 Questions about Mentoring, and briefing for Day 2
- 16.40 Developing a Mentoring Service for AAGBI; Dr Nancy Redfern
- 17.30 *Close*

AAGBI Mentoring Lead: Nancy Redfern

Tutors: Julia Pokora & June Smailes

Facilitators: Alex Bonner, Paul Edgar

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Day Two: Thursday February 8th 2018
Venue: 21 Portland Place, London

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| 09.00 | <i>Coffee and Networking</i> |
| 09.30 | Overview of day and Stage 2 |
| 09.40 | Brainstorming input and demonstration |
| 10.00 | Brainstorming practice <i>in pairs</i> |
| 10.30 | Review |
| 10.40 | <i>Coffee</i> |
| 11.00 | Stage 2 - Value to Goals |
| 11.30 | Skills Practice 1 |
| 12.00 | Skills Practice 2 |
| 12.30 | <i>Lunch</i> |
| 13.15 | Skills Practice 3 |
| 13.45 | Stage 2 - Commitment Testing |
| 14.00 | Skills Practice |
| 14.45 | Stage 2 Learning Review, and coursework for next time |
| 15.00 | <i>Tea</i> |
| 15.15 | Mentoring in practice and planning coursework |
| 15.45 | Plenary Review |
| 16.00 | Close |

AAGBI Mentoring Lead: Nancy Redfern

Tutors: Julia Pokora & June Smailes

Facilitators: Alex Bonner, Paul Edgar, Robert Self